

**2017 FPO FINNISH NATIONALS**  
**MAY 27, 2017**  
**Savollinna, Finland**

DIVISION	SUBDIVISION	WT CLASS	NAME	SQUAT	BENCH	4TH BENCH	DEAD	TOTAL	4TH TOTAL	BWT	AGE
<b>WOMEN'S DIVISIONS</b>											
<b>WOMEN'S DIVISIONS - FULL POWER</b>											
PRO Equip	Open	105	Marianne Kosonen	490.5	270	292.5	364	1124.5	1147	105	24
PRO Equip	Open	148	Heidi Howar	551	369		485	1416		145.7	28
PRO Equip	Open	165	Minna Kousa	490.5	264.5		375	1130		164.2	39
<b>WOMEN'S DIVISIONS - RAW BENCH ONLY</b>											
PRO Raw	Open	181	Minna Pajulahti	0	259		0			173.1	36
<b>WOMEN'S DIVISIONS - RAW DEADLIFT ONLY</b>											
PRO Raw	Open	181	Minna Pajulahti	0	0		441			173.1	36
<b>MEN'S DIVISIONS</b>											
<b>MEN'S DIVISIONS - EQUIPPED FULL POWER</b>											
PRO Equip	Junior	181	Jarkko Forss	760.6	551.5		595.5	1907.5		181	21
PRO Equip	Open	165	Frazer Munnery	771.5	0		595	1366.5		165	25
PRO Equip	Open	198	Jani Lantainen	887	606.5		771.5	2265		198	30
PRO Equip	Open	220	Janne Nissilä	551	441		518	1510		212.5	26
PRO Equip	Open	242	Pekka Rähä	672.5	353		634	1659.5		233.2	35
PRO Equip	Open	275	Pauli Rahkonen	1036	0		0	1036		275	30
PRO Equip	Open	308	Joni Nikkari	793.5	441		639	1873.5		286.2	35
PRO Equip	Open	308	Matti Lehto	959	143.5		716.5	1819		305.3	33
PRO Equip	Master (40-44)	148	Toni Haaparanta	672.5	380.5	399	518	1571		148	43
PRO Equip	Master (40-44)	198	Rami Eerikäinen	749.5	529		595	1873.5		197.3	43
PRO Equip	Master (50-54)	242	Vesa Nissilä	628.5	397		496	1521.5		240	54
<b>MEN'S DIVISIONS - EQUIPPED BENCH ONLY</b>											
PRO Equip	Open	181	Vesa Partala	0	573		0			177.5	36
PRO Equip	Open	181	Ilkka Naskali	0	463		0			179.3	33
PRO Equip	Open	308	Sami Flygare	0	590		0			279.8	28

TEXT IN GREEN REPRESENTS AN IPA WORLD RECORD

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MEN'S DIVISIONS - RAW BENCH ONLY										
PRO Raw	Open	275	Hannu Koskinen	0	485		0		246.7	36
PRO Raw	Open	SHW	Jani Murtomäki	0	623		0		350.5	36
PRO Raw	Master (40-44)	181	Vesa Järveläinen	0	297.5		0		179.2	
PRO Raw	Master (45-49)	220	Pasi Alajoki	0	431		0		220	46
PRO Raw	Master (65-69)	242	Paavo Eskelinen	0	341.5		0		235.5	67
MEN'S DIVISIONS - RAW DEADLIFT ONLY										
PRO Raw	Teen (18-19)	198	Kalle Ryyppö	0	0		529		197.3	18
PRO Raw	Open	198	Jani Loippo	0	0		485		194.2	25
PRO Raw	Open	220	Janne Merioja	0	0		672.5		215.8	28
PRO Raw	Master (40-44)	181	Vesa Järveläinen	0	0		507		179.2	42
PRO Raw	Master (65-69)	242	Paavo Eskelinen	0	0		595		235.5	67
MEN'S DIVISIONS - EQUIPPED DEADLIFT ONLY										
PRO Raw	Open	165	Joni Orpana	0	0		623		164.7	30

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